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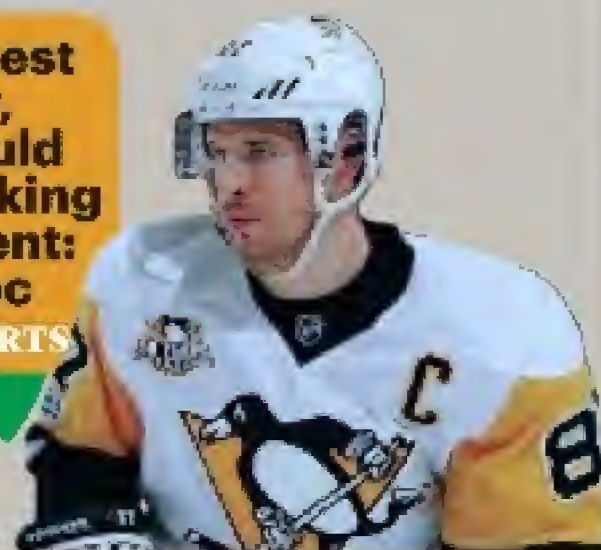
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FORT MCMURRAY: ONE YEAR LATER



THE CANADIAN PRESS

'OUR RECOVERY'

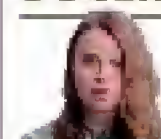
Fort Mac residents mark anniversary of devastating fire that swept through their lives

metroNEWS

Hey council, public hearings are no place for Twitter

CITY HALL

Councillor and mayoral candidate wants rule against social media



Helen Pike
Metro | Calgary

LOL #yyccc, listen to your constituents and get off your phones.

On Monday, councillors will hear Andre Chabot's notice of motion to ban social media use during public hearings.

Although it may seem a little tongue-in-cheek, Chabot said Nenshi "lives and breathes Twitter," and he thinks it sets a bad example for colleagues.

"No reading between the lines here, this is specifically targeted at Nenshi," said Chabot. "Other members of council are doing it as well. I think they're doing it because the mayor does it and therefore it must be OK — of all people who should be paying attention, it's

the guy running the meetings."

The mayor was unavailable for comment on Wednesday.

Coun. Evan Woolley said it should be up to councillors to focus on their jobs.

"I don't think that this needs to be a rule, I think we need to use our individual good judgments," Woolley said.

Chabot said he's had constituents watching over the television, or at the meeting in person complain.

"They expect the people who are actually going to make decisions are paying attention to the presentation, not sitting there on Twitter and tweeting out comments about the presenter, let alone not paying attention."

He's suggesting a rule, and measures like Wifi blocking, and website blockers on their computers to keep the attention on matters in the chamber — he'd even be OK with leaving his phone behind council chambers and going back to ye-old-timey email if he needs to communicate with clerks or even passing notes.

"I've seen members of council playing games on some of their devices, and tweeting," Chabot said. "Well, it's disrespectful."

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Council's approvals a mystery

SECONDARY SUITES

Decisions nothing to do with planning principles



Helen Pike
Metro | Calgary

There's no telling why council approves or denies your secondary suite application — and now we have stats to back that up.

Coun. Brian Pincott and Druh Farrell pooled some cash from their budgets to study secondary suites. It cost them a total of \$5,000 to hire someone to work more than 200 hours poring over council meeting videos and minutes to decode why and how councillors were voting on secondary suites between 2014 and 2016.

Turns out it's a statistical mystery and not at all based on planning principles; and no one is surprised.

Pincott said they chose parameters like gender, whether the applicant was a visible minority, had an accent, whether the application had a laneway or a garage, hoping to find some sort of pattern in council's maddening process of going through each and every single suite.

"I've always described going to city council for a secondary suite as a crapshoot," said Pincott. "When you are basing a planning decision

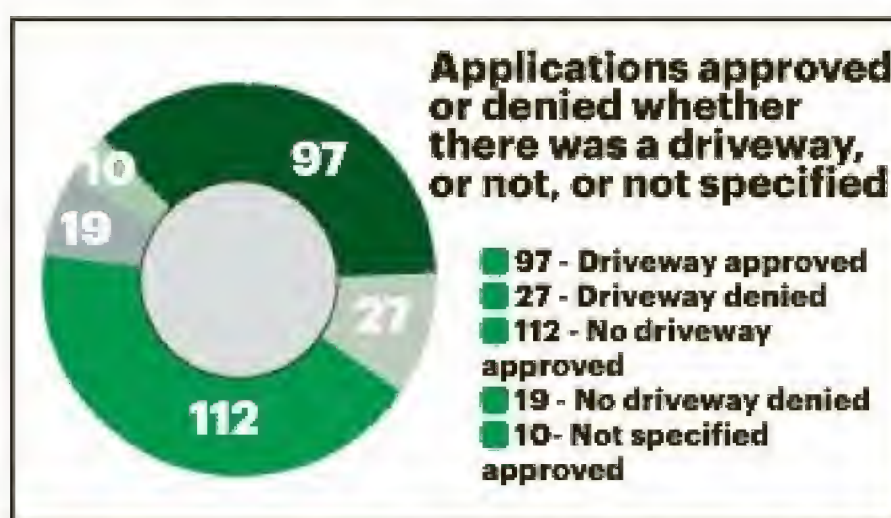


Calgary councillors Brian Pincott and Druh Farrell teamed up on a study to find patterns in council's secondary suite voting habits. JENNIFER FRIESEN/ FOR METRO

like this on the personal foibles of 15 people who obviously to me don't separate out planning, and non-planning decisions, that reinforces that we've got to clean it up."

Pincott said they noticed that council responds better when an applicant brings forward a personal story, even though it's not a planning consideration, and they don't need to air their dirty laundry.

This behaviour, according to the Ward 11 councillor,



opens council up to jeopardy.

"There's no common thread, it's costing us time and money," said Farrell. "Each hour of overtime is \$10,000. Just the financing doesn't make sense if we're not adding value, and consistent planning rationale behind it."

Jennifer Maximattis-White and Erin Meyers work for Permitmasters and help clients through the maze of getting their secondary suite applica-

tion approved. And although Maximattis-White is a planner, she doesn't just look at those famous principles to help applications through.

"Council votes in favour of most secondary suite applications — there are few that they actually refuse," Maximattis-White said.

When a suite application comes across her desk she will also look into more political aspects like what ward the suite is in, or if the community association is supportive, to decide whether or not to take on the applicant as a client.

Last council meeting two suite submissions should have looked familiar because it was their second time coming before council. Although the applicants made no changes, this time around their suites were approved.

Pincott wants secondary suites to be a key election issue, and he says this data set is an argument, in his eyes, for blanket legalization.

"We're not being fair to residents, we're not being fair to city administration, we're not being fair to the planning commission," he said. "The problem with the secondary suites is actually just the 15 people that sit around the table — Calgarians are not the problem."

From 2014 to 2016 there were 265 suite applications and council denied 46 of them. Suite applications have been increasing steadily over three years with 2016 totaling 161 applications.




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Although seniors housing is a provincial responsibility, Coun. Druh Farrell sees the city stepping in with solutions like laneway housing. ERIC DREGER/THE CANADIAN PRESS

City bucks aging trend

CENSUS DATA

City still needs to prepare for more seniors, says councillor



Brodie Thomas
Metro | Calgary

Numbers from Canada's Census show that, for the first time, seniors outnumber children in this country.

As of last year, Canada is home to 5.9 million people over the age of 65 and 5.8 million kids under 14.

However Calgary is bucking that trend thus far.

Calgary is the fourth youngest city in Canada, with a median age of 36.4.

What's more, Calgary's population has the smallest proportion of seniors aged 65 or older, with only 11 per cent of the population falling into that category. That's the

lowest proportion of any big city in Canada.

However, the proportion of seniors is edging up. Five years ago that number was at 9.8 per cent.

Ward 7 Coun. Druh Farrell said the demographic bubble of an aging population will eventually hit Calgary, and the city is woefully unprepared.

"We need to look at every possible solution for a pending housing crisis," she said.

Farrell said the modern tradition of seniors' residences needs a major redesign.

"It may work for many people, but we need more options," she said.

Although seniors housing is a provincial responsibility, Farrell sees the city stepping in with solutions such as secondary suites and laneway housing.

In those cases, seniors can remain in a smaller space on their property, and rent out their empty nests to young families.

Alternatively, she's also seen examples of families looking to develop laneway housing for their aging parents.

"I was on a panel for laneway units," said Farrell. "It was packed. And it was every possible variety of person, and many older people simply looking for options for their future."

Farrell said another possible solution is co-housing, where a group of friends come together to share a single home, and share the costs of cleaning and home care.

"It's sort of like The Golden Girls, but bigger — and that's becoming very popular in Europe, Australia and the U.S."

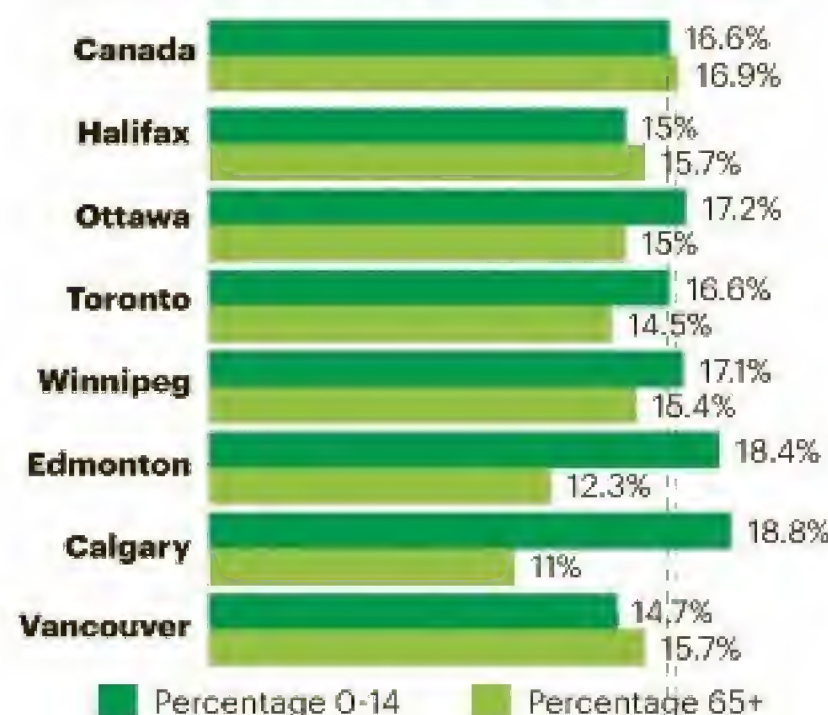
WITH FILS FROM RYAN TUMILTY

We need to look at every possible solution for a pending housing crisis.

Coun. Druh Farrell

The national demographic

The ranks of seniors grew by 20 per cent between 2011 and 2016. The census counted 5.9 million seniors and 5.8 million youth in 2016, marking the first time there were more Canadians over 65 than 14 and under. This does not hold true in some urban centres.

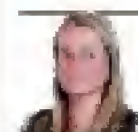


Percentage 0-14

Percentage 65+

TRAGEDY

Father dies after boat overturns



Lucie Edwardson
Metro | Calgary

Alvin Beckley was a doting husband and father, a big Flames fan, had a bright smile and a "light about life" attitude, according to his brother-in-law Mike Provost.

Beckley was one of two Alberta men who died after the sport-fishing boat he and four others were on overturned after taking on water near Tofino, B.C., Sunday.

Beckley's wife, Jacqui, said she wasn't mentally prepared to speak about the tragedy, and asked that her brother speaks on the family's behalf.

"He was just a great guy. He had a big bright smile. He was a jokester... he was always putting his own funny spin on things," Provost said of his brother-in-law, who immigrated to Alberta from Freetown, Sierra Leone in his mid-teens.

Provost said Jacqui and Alvin met about 10 years ago through a mutual friend and were "instantly inseparable." He said the couple married in 2014 and have three little girls, ages 8, 6, and 3.

"Alvin was an amazing father. He was always showering them with lots of hugs, helping them with their work — he really supported them and wanted them to succeed. Alvin treated all his girls with so much tenderness," said Provost.

Financially things had been tough recently for the Beckley family, and Provost said a GoFundMe page set up by a family friend — which has already raised nearly \$14,000 — to help them through this tragedy means so much to them.

To donate to the Beckley's visit gofundme.com/Beckleyfamily.



Jacqui and Alvin Beckley with their daughters. FACEBOOK

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'Everyone needs to do their own thing'

Fort McMurray residents mark the one-year anniversary of the devastating wildfire in both private and public ways

THE CANADIAN PRESS



Residents of Fort McMurray marked the first anniversary of the wildfire that destroyed 10 per cent of the city with early-morning yoga classes, picnics by the river, visits with friends or — in some cases — nothing at all.

The fire in northern Alberta ignited deep in the bush on May 1, 2016, and exploded into a ferocious blaze that forced the evacuation of the entire city two days later.

More than 80,000 people fled as towering flames licked at their homes and cracked along the only highway out of the city.

"Everyone needs to do their own thing to mark this day," said Melissa Blake, mayor of the Wood Buffalo regional municipality that includes Fort McMurray.

Blake said more and more

rebuilt homes are springing up with the warm weather, but she cautioned full recovery will take years.

"If you drive through the neighbourhoods that were most impacted, you'll find a buzz of activity," Blake said Wednesday.

"However, these are still the early days of our recovery. We know that it's going to be a much longer process than any of us would ever want."

The majority of Fort McMurray was spared, but flames consumed nearly 2,600 dwellings.

The municipality has said that as of April 27, 652 rebuild permits had been approved. Almost three dozen families moved into new homes as of last month.

Alberta Premier Rachel Notley said it was a day to mourn two

young people who died in a highway crash as they fled — Emily Ryan, 15, and Aaron Hodgson, 19.

"We also mourn all that the fire took from people: their homes, their baby photos and all the belongings that helped to anchor so many cherished memories," she said.

She said people always ask about the oilsands city no matter where she travels.

"People from the U.S. to China to Japan are inspired by you and inspired by the bravery, the strength and the resilience that this community did show and continues to show."

Fire Chief Jody Butz said he was spending a lot of the day supporting members of the department and reflecting on the outpouring of support they re-

ceived.

"Me and my family, we're going to stay low key," he said. "It's important that we recognize and remember what was a year ago, but it's more important that we move on and focus on the positives."

Brian Jean, member of the legislature for Fort McMurray-Conklin and leader of Alberta's Opposition Wildrose party, said mental health is a top concern.

"I'm extremely worried about my people and their mental state right now," he said.

Leesa McLeod, who manages community wellness for the municipality's recovery task force, said some residents wanted to tune out the anniversary, while others wanted to acknowledge it.

Tents were set up in a riverside

park where residents could drop in for yoga, painting or dance classes from dawn until dusk. The day was to be bookended with a pancake breakfast and a community barbecue.

"It's almost as though it was New Year's Eve and tomorrow is a fresh day for us," said McLeod.

Jessica Hetherington, who works in human resources, was pregnant with her first child during the fire. Her son Silas is now eight months old.

"With the wildfire and having a baby, it was a year I will absolutely never forget. And he

will be told all about it."

Firefighter Sam Samson, who dropped by with a group of friends, said it's been an emotional year.

"Every time you see something on TV with regards to the fire, it kind of brings back memories," he said.

His wife, Marlene Gould, said the most stressful aspect of the fire was worrying about Samson.

"There were moments I thought I would never see him again," she said. "But we got through it. It's all good. We're safe. That's the main thing."

It's important that we recognize and remember what was a year ago, but it's more important that we move on. Fire Chief Jody Butz



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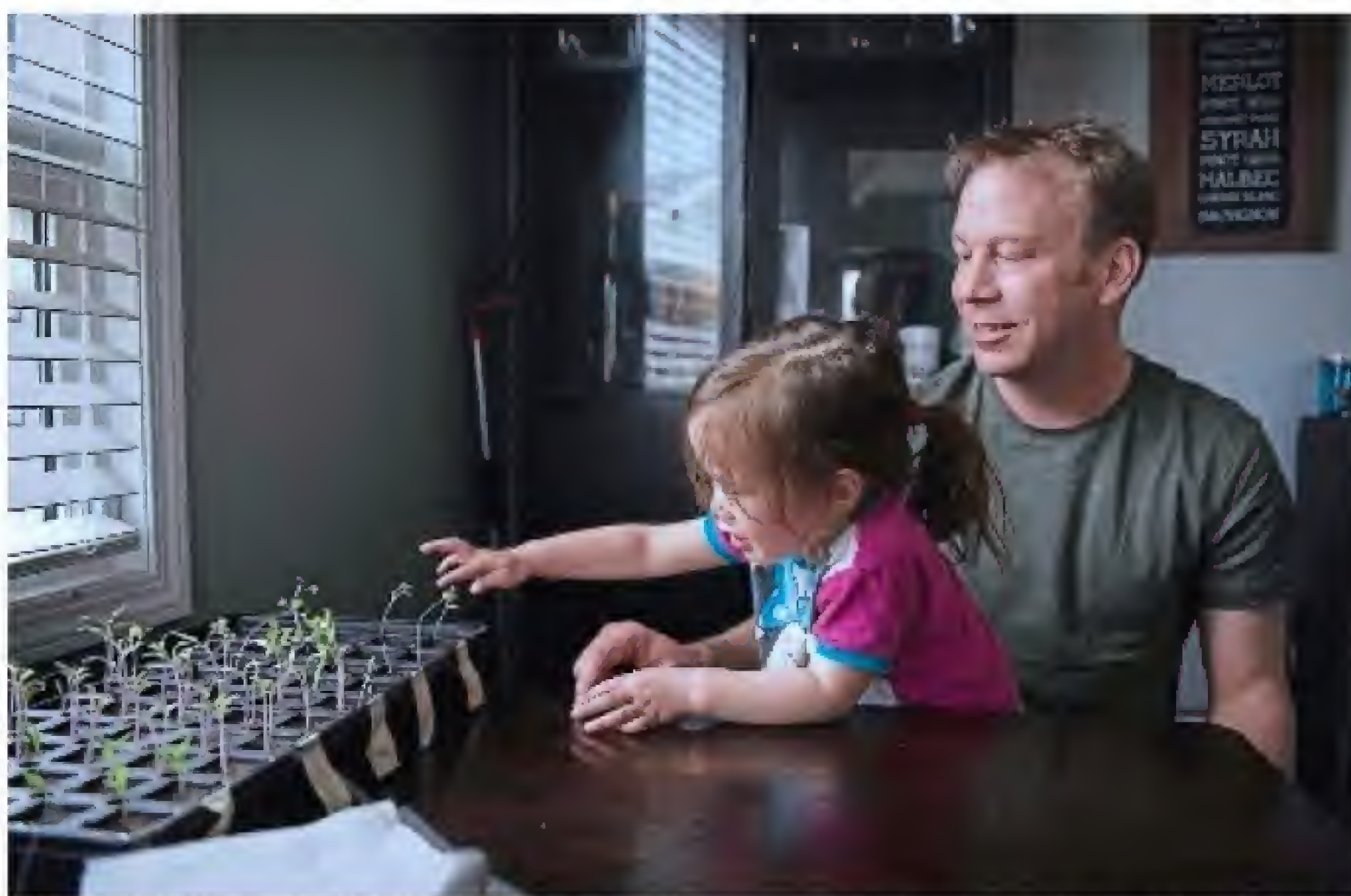
REGROWTH



Lucie Edwardson
Metro | Calgary

"We came to what we knew to be a beautiful forest, and it's all burnt down, and that hurts your soul a little bit," he said. "And then none of our own plants survived either."

"Evidence seems to point to the fact that the spores, for whatever reason, these fungi and parts of the plants themselves, are stimulated by (the) increase in nitrate after the fire and that spurs a lot of plants to grow because they think, 'Ah-ha, there must be nothing above me now.'"



Jon Tupper and three-year-old daughter Lillian inspect their indoor garden in anticipation of taking their green thumbs outside. JENNIFER FRIESEN/METRO

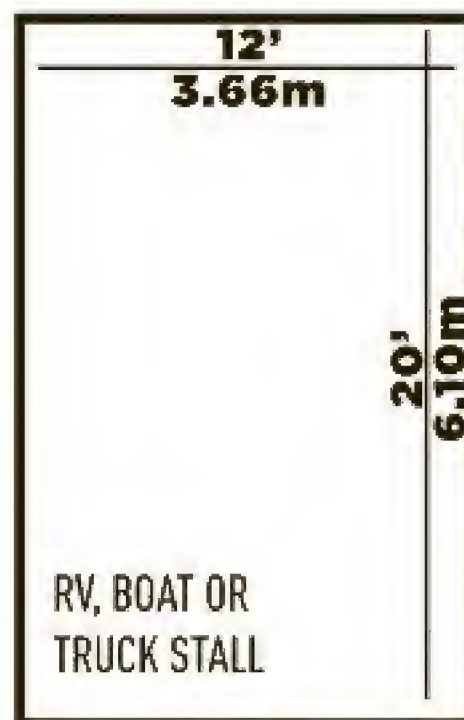
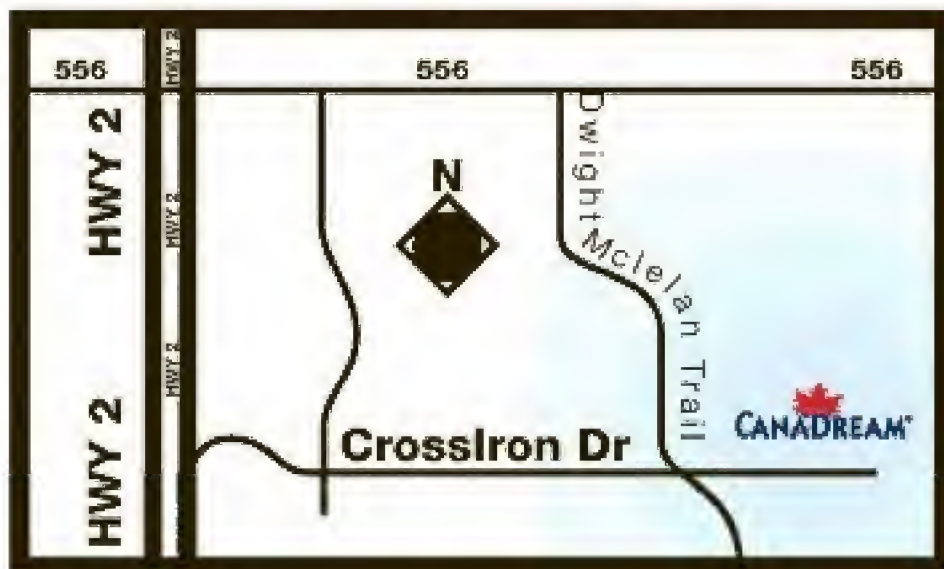
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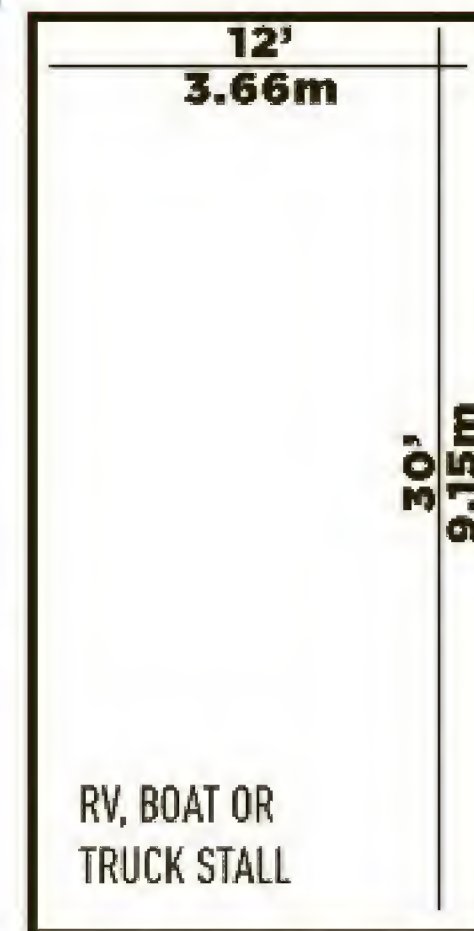


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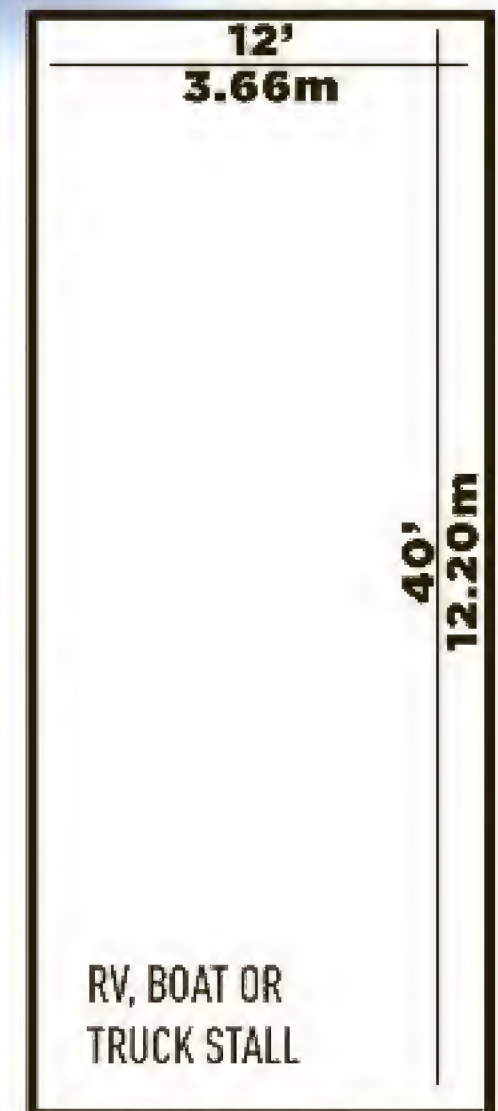
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Police face resource squeeze, chief says

POLICE DEPARTMENT

Chaffin warns that changes to service levels are looming



Helen Pike
Metro | Calgary

Something's got to give for Calgary police to keep up with the service citizens expect.

But police Chief Roger Chaffin makes one thing clear: he's not asking council to throw money at their problems.

On Wednesday, council heard a review from Calgary Police Service. One of the key concerns from the force's leader was that his officers are continually being asked to do more with less.

He said policing is becoming more complex, which means



Police Chief Roger Chaffin is concerned that his officers are being asked to do more with less. JENNIFER FRIESEN/METRO

officers' jobs are, too.

"We have to keep looking at our model," said Chaffin. "We have to keep our city safe, but we have to keep our employees in a healthy state as well."

He said it's not as simple as getting more officers. But one thing is clear, if the police continue on this trajectory — making do with a budget that will not allow for new employees

for years — there's a potential that the force will have to do less.

Coun. Jim Stevenson said he has complete trust in CPS. He's gesturing at the province for help.

"We're still operating under the same per-officer allotment that we've had for a number of years," Stevenson said.

He noted that council continually asks the province, and feds, for help on that front.

"We may have to consider our service delivery levels if we continue on this path that we're on," Chaffin said. "I'm hopeful over time we'll be able to recover and start adding some bodies."

Policing is one of the City of Calgary's largest budget items, the city spends \$400 million on the force. Chaffin said the force has already trimmed out millions out of the budget, capital and operating dollars, without impacting their service delivery.

CRIME

Man facing sexual assault charges

A Calgary man is facing charges in connection with the sexual abuse of three underaged girls.

According to police, in December 2016 the family of a 14-year-old girl had reported to police that the girl was meeting and driving around with a man in his 20s. Investigators spoke with the girl but she didn't disclose any criminal offences at that time.

Police began a further investigation into the man and they'd

learned that he'd been in contact with other teen girls.

In April, a 13-year-old girl told police that the man asked her for sexual favours and after that police were able to identify two other victims.

Christian Allen Sarile, 27, of Calgary is facing several charges in connection with the case, including three counts of sexual interference and sexual assault among others. METRO

INVESTIGATION

Authorities seeking info on alleged luring

Police are asking the public to report information they might have in relation to an attempted luring of a Calgary teenager Tuesday morning.

According to Calgary police, the 15-year-old girl was waiting at a bus stop in the 900 block of Taradale Drive NE around 9:30 a.m. Tuesday when she claims a man approached her and asked her to get into his car.

The teen declined, at which

point it is alleged that the man got out of his car and grabbed the girl by the arm and attempted to force her into the car.

The girl was able to get away after a bus driver pulled over and questioned the man.

The man is described as East Indian, in his early 20s, approximately 6' tall, with a medium build. He was wearing a hoodie and blue jeans and driving a grey, four-door Ford car. METRO

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AUDIT

Education department's expenses criticized

The auditor general says Alberta's Advanced Education Department needs to pull up its socks when it comes to monitoring expense claims.

Merwan Saher, in a report released Wednesday, said the department needs to ensure that staff clearly document the reason for billing taxpayers for expenses such as meals.

Saher said the department also couldn't provide documentation for required pre-approval for out-of-province ministerial

travel.

He did not have a total dollar amount, but said it's not large.

"I can assure you these amounts that we're dealing with here are insignificant," Saher told reporters in a conference call after his report was tabled in the legislature.

He said the bigger issue is making sure a process is in place to monitor expenses.

"The process is not working," he said. "Those who had the responsibility to verify and use the

process and guidelines did not do what they should do."

The audit was completed over 10 months starting in late 2015, when Lori Sigurdson was still in the advanced education portfolio. Marlin Schmidt took over in February 2016.

"I was disappointed to find out that the auditor general thought that there was room for improvement," Schmidt told reporters.

"However, we've already taken steps. Our senior financial officer and our finance depart-

ment have met with the auditor general to look at ways that we can improve the expenses."

The audit is part of a rotating check on ministry expenses.

The audit also found the Environment Department has still not put in place a verified registry to monitor offset credits for heavy greenhouse gas emitters.

Saher noted the registry is critical to make sure all offset credits are tracked given that financial penalties are involved.

THE CANADIAN PRESS

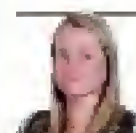


Progress Alberta Executive Director Duncan Kinney. Kinney gave a speech over the weekend in which he said his organization 'kicks conservatives in the teeth.' TWITTER

Denounce group, says opposition

POLITICS

Conservatives are upset over Progress Alberta speech



Lucie Edwardson
Metro | Calgary

Progress Alberta is getting some challenges on social media from conservatives across the province to try and kick them in the teeth.

Why you ask?

Over the weekend Progress Alberta's executive director, Duncan Kinney, gave a speech in which he said: "Who is Progress Alberta? We're the organization that kicks con-

servatives in the teeth."

"Certainly we don't condone violence towards anyone and that doesn't reflect language this side of the house would chose to use or condone that language being used towards any individual," she said.

In an interview with Kinney Wednesday, he told Metro that the comment in question was just a single excerpt from a much longer speech.

"After that I detailed campaigns and efforts we'd undergone in order to show how effective we are as an independent non-profit organization," he said. "What we referenced directly after that was non-instances of violence ... where we used facts to bring conservative politicians down a peg."

Kinney said he thinks the conservatives are behaving hypocritically for calling him



What we referenced directly after that was non-instances of violence where we used facts to bring conservative politicians down a peg. Duncan Kinney

servatives in the teeth."

On Tuesday, MLA Ric McIver questioned the Alberta government on if they would denounce Kinney's statement calling them "the NDP propaganda arm."

"Do you stand by these comments from your surrogates at Progress Alberta or will you denounce them?"

Hoffman replied by saying she'd be happy to look into

out for his statement, and then went on to quote Wildrose conservative MLA Derek Fildebrandt.

"I think they're highly relevant to the kind of conservative outrage that has been generated by this: 'Hyper-sensitive, politically-correct, victim-as-virtue culture is creating a leadership class of wimps. People are sick of it,'" he said referencing a November 2016 tweet.

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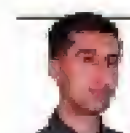
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Trek to the top: Actor bags role

FILM

**McConnell will
play Klingon
leader in new
series Discovery**



**Aaron
Chatha**
Metro | Calgary

There's an old Klingon proverb that goes, "A leader is judged not by the length of his reign but by the decisions he makes." (Kahless, Deep Space Nine)

Well, Calgary actor Clare McConnell must have made some good decisions so far, because she's been cast as Klingon leader Dennas in CBS's upcoming series, *Star Trek: Discovery*.

"I'm very excited. I've known since December, so I've been hiding it from all my friends," McConnell exclaimed.

McConnell got the role after just one audition, and although she wasn't required to speak any Klingon for it, as soon as she got the role she was thrown into lessons with a dialect coach.

Virtually all information about the series is being kept under lock-and-key, but McConnell could say that sets for the ships looked incredible and her character has a very cool costume.

McConnell said there's an atmosphere on set that everyone wants to get it right, because *Star Trek* is such a beloved series.

"Each series is such a classic thing, but also such an innovative thing," she explained.

"The actors have really been encouraged to make



Calgary-born Clare McConnell will undergo a make-up transformation to play Dennas, a Klingon leader in *Star Trek: Discovery*. COURTESY MAYA SHERWOOD

**I've even been
encouraged to
make the Klingon
language my own.**

Clare McConnell

it their own. I've even been encouraged to make the Klingon language my own."

Thanks to McConnell's improv background, making quick, bold choices shouldn't be any challenge.

McConnell decided to pur-

sue acting after receiving encouragement from her drama teacher Pat Doyle at Bishop Carroll High School.

She went on to perform with local talent, such as members of the Kinkonauts, before relocating to Toronto where she became a member of the Second City House Company.

She really hit the spotlight in the movie *Dim the Fluorescents*, which won a grand jury prize at the Slamdance Festival.

After a few delays, the premiere date of *Discovery* remains TBA, but filming is underway.

CRIME

Concerned citizen tells police men had homemade explosive

Mounties say a dangerous situation in southwestern Alberta was averted due to the public.

Crowsnest Pass RCMP say they got a call May 1 about two drunk men in possession of a homemade explosive.

The caller said they were talking about blowing it up.

RCMP went to a residence in Blairmore shortly after. The suspects co-operated, showing officers the device they had made.

The Mounties' explosive disposal unit dismantled the de-

**This was a big public
safety concern for
our community.**

Cpl. Shayne Gudmundson

vice later the same day. Two firearms were also seized at the residence.

Twenty-year-old Zachary Dilabough from Blairmore and 19-year-old Conrad Ockey from

Coleman are facing several charges, including making an explosive and possession of a weapon for a dangerous purpose.

Both are in custody and are to apply for bail May 9 in provincial court in Pincher Creek.

"This was a big public safety concern for our community, and we were fortunate no one was hurt," Cpl. Shayne Gudmundson said in a news release. "I want to thank the public for helping us to resolve this quickly and safely." THE CANADIAN PRESS

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Treatment of First Nations affects mental health

INDIGENOUS ISSUES

Conference learns how trauma linked to disorders



Elizabeth Cameron
For Metro | Calgary

Chenoa Eagle Tailfeathers, a student from Kainai High School on

the Blood Reserve, felt ashamed to admit he was Indigenous until recently.

He told an audience of more than 200 health, education and social service professionals at the University of Calgary that his father survived the residential school system, where students were banned from practising their culture or speaking their native tongue. As such, he was unable to pass on traditional knowledge to his son.

It was only when he got older



Dr. David Swann (left) chaired a panel on indigenous mental health at the University of Calgary. ELIZABETH CAMERON / FOR METRO

and started learning about his identity that the shame could

start melting away.

"Knowing my culture bit by

bit, taking a step into that world one at a time — I started loving who I was," Tailfeathers said.

Dr. Diana Florea, a registered psychologist and family counsellor for Alberta Health Service's (AHS) Indigenous Mental Health program, said the most predominant diagnoses she encounters in Calgary and in her work on reserve are addiction (substance use disorder) and post-traumatic stress disorder.

"The bottom line is this: trauma in itself will cause mental

health disorders. And if you don't get the care you need, you're going to self-medicate," she said. "Because the human need is to get rid of pain," she said.

Shane Wells, Kainai High School counsellor and residential school survivor, believes the only way to move forward and heal is to listen to the next generation.

"If not, we're just bringing them back into the same world I lived in, that my parents lived in and my grandparents lived in," Wells said.

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HOMICIDE INVESTIGATION

Police seek key witness

Calgary police are looking for a man who may have information about a Sunalta-area homicide.

At about 11:20 p.m. on April 28, emergency crews were called to the Sunalta CTrain station for reports that two men were fighting. When they arrived, they found one of the men had sustained serious injuries and was declared dead at the scene.

CCTV footage from the station has helped investigators identify a person who may have information in the case.

Police are looking for public assistance to locate Mark Lecaine.

The victim has been identified as Eric Lavallee, 52, of no fixed address. Police believe Lecaine and Lavallee knew each other prior to the incident.

Anyone with information is asked to contact police by calling 403-266-1234, or the Homicide Unit Tip Line at 403-428-8877. Tips can also be left anonymously by contacting Crime Stoppers at 1-800-222-8477.

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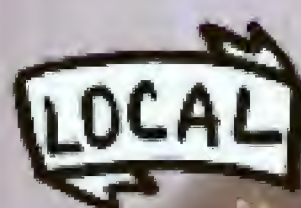
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- 1/2 cup pumpkin seeds

- Preheat oven to 300°F.
- Line an 8x8 pan with parchment paper and set aside.
- Combine the honey, vanilla, almond meal, salt, pumpkin pie spice, and peanut butter.
- Add in the hemp hearts, almonds, chocolate chips, and pumpkin seeds and stir until the mixture is well combined.
- Pour the mixture into the pan and press down firmly until it's packed tight and evenly.
- Bake for 20 minutes and let cool for one hour. To help the bars firm up, place them in the refrigerator for an additional hour.
- Remove the bars from the pan and slice into eight bars. Store in the refrigerator or freezer.

Recipe provided by Manitoba Harvest



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Killer whales threaten belugas

MANITOBA

Orca attacks add to existing challenges like climate change

A study suggests a warming climate and more killer whales could spell bad news for beluga whales in the southwestern portion of Hudson Bay.

The study included researchers at Oceans North Canada, the federal government and the University of Manitoba.

It looked at an attack by killer whales on belugas near the mouth of the Seal River in northern Manitoba in August 2012.

Research showed that after the attack, the belugas scattered northward along the Hudson Bay coastline, away from a traditional calving area near the Seal River.

The study suggests such scattering could impact the survival rate of young belugas.

It also notes that as the climate warms and the water in western Hudson Bay sees longer ice-free periods, the presence of killer whales may



Belugas in northern Manitoba need protection. CONTRIBUTED

grow.

"Here, short-term changes in distribution were recorded in relation to a predation event," reads the study published in the Canadian Field-Naturalist.

"This change, if occurring multiple times during the longer ice-free season, could have significant biological consequences related to energy expenditure and success in calf-rearing."

Kristin Westdal, one of the study's authors, said such at-

tacks don't have much of an impact yet on the estimated 60,000 beluga population in western Hudson Bay.

But that could change if the ice-free season continues to expand and the killer-whale population grows, she said.

"Any predation on those animals wouldn't be significant at this point," said Westdal, a marine biologist for The Pew Charitable Trusts' Oceans North Canada project.

The study's findings point



Killer whales have attacked beluga pods. TORSTAR NEWS SERVICE

to the need for environmental protection in more areas of western Hudson Bay, both in the water and on land, Westdal added.

"We really didn't understand (until now) how much of the coastline they were using."

Last year, the former NDP government in Manitoba called on the federal government to extend a ban on industrial waste discharges from ships, which currently covers the Arctic, further south into the sub-

Arctic portion of Hudson Bay.

It also announced plans to protect beluga whales in the area by reducing noise and other impacts from shipping traffic out of the Port of Churchill.

Kalen Qually, a government spokesperson, said that plan is being reviewed and the Progressive Conservative government hasn't decided whether to follow through on it. TORSTAR WITH FILES FROM THE HAMILTON SPECTATOR AND THE CANADIAN PRESS

Strange place for a nest



David P. Ball
Metro | Vancouver

A high-ranking Vancouver police officer made a disturbing find this week in one of the city's notorious Downtown Eastside hotels, which have made headlines for their abysmal conditions.

Supt. Michelle Davey, with the Vancouver Police Department, found a sinkful of used syringes in a single room occupancy (SRO) in the neighbourhood that had seemingly been turned into a pigeon's nest. Three white eggs sat atop of dozens of used needles, which she insisted in a Tweet were not staged.

"Pigeons spotted making a nest out of needles in a DTES SRO room," she posted to her Twitter account. "Sad reality of the opioid crisis fentanyl frontline."

That crisis has sparked a year-long public health emergency that's lately worsening — with February and March seeing a record nearly four people die every day from painkiller overdoses in B.C. — totalling more than 1,000 killed in the past year.

ONTARIO

Member of Hamilton-area mob family shot to death

Mobster Angelo Musitano claimed to have found God and inner peace shortly before he was shot dead in broad daylight in the driveway of his suburban home Tuesday, sources said.

Musitano, 39, was shot dead at close range around 4 p.m. in his truck in the driveway of his comfortable family home in Waterdown.

"It was a very specific, calculated, close-up shooting where the male (shooter) has been observed exiting a vehicle, walking up or running up to the side of the truck and firing at close range at Mr. Musitano," said Det. Sgt. Peter Thom.

Musitano's wife and three other family members were inside the home on a quiet, upscale residential street when the heavyset gunman approached and pumped several bullets into him, Thom said.

A retired police officer said he doubts Musitano's old enemies believe he had a spiritual conversion.

That retired officer said he suspects the killer took Musitano's life at his home to make the attack particularly personal.

"It's all symbolic, isn't it?" he said. "We just have to figure it out."



Angelo Musitano in 1998. TORSTAR NEWS SERVICE

There are at least a half dozen security cameras on the home and Thom said the police are studying images from them.

"The footage is fairly good," Thom said.

There were also eye witnesses to Tuesday's 4 p.m. shooting, he said.

His family has a long and violent history in the area's underworld. That includes convictions for extortions and bombings in the 1970s, the 1983 gangland hit of Toronto mobster Domenic Racco in the 1980s, and the murders of mobsters John (Pops) Papalia and Carmen Barillaro in 1997.

There have been local media reports that the murder signifies the start of a gang war but family members haven't sought any refuge from police, Thom said.

"We have been in touch with the family and they haven't asked for any assistance from police," Thom said.

Musitano who was the father of three young boys would have celebrated his 40th birthday on Sunday. Neighbours said they heard multiple shots fired.

Recently, Musitano had calmed down and found religion, according to a police and an underworld source.

The killer is described as male, 230 lbs. He wore a black toque and jacket and drove a four-door sedan.

Asked if he expects retribution, Thom replied: "I'm hoping no."

Investigators have several possible theories. One police source said that some key players in illegal gambling in Niagara Falls have been arrested, creating a turf war to replace them.

The Musitano brothers were charged with first-degree murder in the May 1997 contract killing of Hamilton mob boss Johnny (Pops) Papalia, 73.

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Flooding linked to plan

NEW YORK STATE

Regulations launched just before massive rainstorms

Four months after an international body approved a new plan to regulate Lake Ontario's water level, property owners who had claimed the rules favoured muskrat lodges over lakeside homes are piling sandbags against just the kind of floodwaters they had feared.

But a joint U.S.-Canadian commission says its new rules aren't to blame. It contends the lake is at its highest level in 24 years because of near-record spring rains.

Republican politicians who had lobbied against the regulations known as Plan 2014 are now calling on President Donald Trump to roll back the rules, which were promoted by environmentalists and adopted by the International Joint Commission in December after 16 years of study and discussion.

Democratic Gov. Andrew Cuomo



Floodwaters from Lake Ontario fill a yard in Greece, N.Y., this week. THE ASSOCIATED PRESS

travelling to the area Tuesday to get a firsthand look at the flooding that has affected hundreds of homes and businesses. He said the state is formally appealing to the International Joint Commission to release additional water through the Moses-Saunders Dam on the St. Lawrence River to lower Lake

I returned from Florida yesterday to find my road flooded.

Chris Klee

Ontario levels.

The commission must consider the impact of releases on downstream communities in Quebec, including the city of Montreal, where rain-driven flooding has prompted some evacuations.

Biologists say more natural fluctuating water levels

will help restore 64,000 acres of wetlands that are home to muskrats, spawning grounds for fish and natural buffers for storm surges. The plan is also expected to lengthen the boating season, rebuild dunes and generate more hydro power.

But the environmental benefits will happen gradually over a decade. Flooding is happening now.

"I returned from Florida yesterday to find my road flooded and the lake just lashing at my dock and my breakfront," said Chris Klee of the Rochester suburb of Greece, where residents have been piling sandbags to hold back floodwaters for two weeks. "Everybody up here is upset."

Regulators, however, say the same kind of flooding happened with heavy rains under the old plan in 1973 and 1993.

"The effects we're seeing now are due strictly to hydrologic conditions in the basin, mostly heavy precipitation," said Arun Heer, an official with the U.S. Army Corps of Engineers and secretary of the International Lake Ontario-St. Lawrence River Board. THE ASSOCIATED PRESS

FRANCE

Candidates pulling no punches

Looking to land — but not receive — a knockout blow, French presidential candidates Emmanuel Macron and Marine Le Pen faced off Wednesday night in a high-stakes, high-pressure, and immediately heated head-to-head debate on live primetime TV.

Both candidates came out swinging, in their last best chance to plug their polar-opposite visions and plans for France to the cohort of undecided electors who could sway Sunday's vote.

Le Pen painted the former banker and economy minister as a servant of big business and finance, and declared herself "the candidate of the people, of the France that we love."

He painted the far-right nationalist as an empty shell, shaky on details and seeking to profit politically from the anger of French voters — a dominant theme of the campaign.

"You lie all the time," he said. "You propose nothing."

She dismissed his economic proposals with sweeping critiques and bristled at his suggestions that she didn't understand how finance and business works.

"You're trying to play with me like a professor with a pupil," she said.

Sitting opposite each other at a round table, neither pulled their punches. With both talking over each other, the debate quickly became a shouting match at times, with no common ground between the pro-European Union centrist candidate and the anti-EU Le Pen.

The debate offered risk and reward for both. A major trip-up or meltdown beamed direct into the homes of millions of electors could dent their presidential ambitions in the closing stages of the intense, suspenseful campaign that has, already, steered France into uncharted territory. The first round of voting on April 23 eliminated mainstream parties from the left and right and propelled the 39-year-old Macron, who has no major party backing, and the 48-year-old Le Pen into the winner-takes-all runoff on Sunday.

THE ASSOCIATED PRESS



Emmanuel Macron and Marine Le Pen. AFP/GETTY IMAGES

POLITICS

FBI director goes on the defensive

Under fire from Democrats, FBI Director James Comey insisted during questions Wednesday he was consistent in disclosing information about an investigation into Hillary Clinton's emails before Election Day while keeping quiet about a probe into possible contacts between Russia and the Donald Trump's campaign.

Comey, in his most impassioned public defence of how he handled the case, also said it made him feel "mildly nauseous" to think his actions in October might have influenced the race won by Republican Trump

over Democrat Clinton. But he told the Senate Judiciary Committee the FBI cannot take into account how its actions might benefit or harm politicians.

"I can't consider for a second whose political futures will be affected and in what way," Comey said. "We have to ask ourselves what is the right thing to do and then do it."

Questions from senators, and Comey's testimony, made clear that the FBI director's decisions involving both the Trump and Clinton campaigns continue to roil national politics.

THE ASSOCIATED PRESS



GLOBAL DIGEST

ITALY

Vaccine debate heats up

The vaccine debate is heating up as Italy deals with a measles outbreak, an anti-vaccine campaign and a scandal involving a nurse who claimed for years to have inoculated children but didn't.

Authorities are recalling up to 7,000 children in northern Italy to be revaccinated after determining some didn't receive the necessary doses. AP

BRITAIN

May accuses EU of trying to influence elections

British Prime Minister Theresa May on Wednesday accused European Union officials of trying to influence the June 8 U.K. elections. Her comments follow leaked comments suggesting the EU thinks Britain is not facing reality about the conditions of Brexit. May vowed to be a "bloody difficult woman" in Brexit talks.

THE ASSOCIATED PRESS

What Is True Fulfillment and How Can It Be Attained In Our Lives?

A lecture based on the work

In the Light of Truth THE GRAIL MESSAGE

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CHANTAL HÉBERT ON THE END OF SUNNY WAYS IN OTTAWA



As Justin Trudeau reaches the midpoint in his term, the shine — and the gloves — have come off on Parliament Hill.

So much for sunny ways! As Justin Trudeau's government nears the halfway mark of its first mandate, finding some willingness to engage in adult conversation on either side of the House of Commons is almost as hard as it was on the worst days of the previous Conservative government.

Since the new year, the tone has steadily deteriorated, and if this week is anything to go by the climate is bound to become more toxic until Parliament finally breaks for the summer.

In question period, debate has essentially defaulted to a dialogue of the deaf that allows for little or no reasoned arguments. The opposition squawks loudly at a flock of government parrots.

This week the government rescheduled a Conservative opposition day from Thursday to next Monday. The official Opposition wants to use the time to turn up the heat on Defence Minister Harjit Sajjan for having aggrandized his role in the planning of a major military offensive in Afghanistan. Conservatives and New Democrats have spent the week calling for his resignation. The Liberals hope that by next week the story will have run out of steam.

All this is unfolding against the backdrop of a procedural war over a clumsy Liberal attempt to tweak some of the rules of the House to the government's advantage. Such is the bad blood between the opposition and the Liberals that when the latter waved a white

flag and abandoned their most contentious proposals, none of the other parties would pause long enough to claim victory.

While the parties wrangle, the government struggles to advance its legislative agenda. Not that it is particularly impressive. The spring sitting will mostly be remembered for broken or missing-in-action

Butts — flew to Washington in a hurry to take stock and, if possible, mitigate a Trump-induced NAFTA storm.

But while Trudeau's brain trust is watching the White House, it can't always have its eye on the many other balls that a cabinet dominated by political rookies is liable to drop.

Canada's supply management approach to dairy and poultry, or the government's cannabis legislation.

Over on the NDP side Thomas Mulcair's prolonged last hurrah as party leader is turning into an outlet for a lot of pent-up anger. Much of it is directed at Trudeau, a counterpart that Mulcair saw as a pol-



DIM THE LIGHTS Since the new year, the tone among parliamentarians has steadily deteriorated, writes Chantal Hébert. **THE CANADIAN PRESS**

Liberal promises.

Take Trudeau's commitment to give the Parliamentary Budget Officer more independence. The legislation brought forward by the government would instead further clip the already short wings of the PBO.

The malaise that has overtaken Parliament Hill has root causes on both sides of the House.

For all the talk about running a more collegial operation, Trudeau's government is as centralized as its predecessors. Nothing much happens without a green light from the PMO.

Since Donald Trump's election, Trudeau's inner circle has had its hands full trying to keep up with the changing moods of the American president. Just last week the prime minister's top aides — Katie Telford and Gerald

Liberal strategists believe the price to pay for having dumped the commitment to change the voting system will not be high in the next election. Perhaps, but they may have underestimated the parliamentary cost of squandering a serious amount of opposition goodwill and trust in the process.

Trudeau's reversal accounts for part of the cement that binds the New Democrats to the Conservatives in the opposition battle against the Liberal rule changes.

With the election of Stephen Harper's successor less than a month away, the Conservatives are not looking to tie the hands of their next leader. While they pile on an embattled minister or engage in procedural warfare, they are spared having to come up with a caucus consensus on divisive issues like the future of

itical weakling when they sat side by side in opposition and, by all indications, still sees him that way now that he is prime minister. The animosity between the two is not just for show.

With every passing week Mulcair's tone seems to become more strident — to the point that it sometimes overtakes the substance of his arguments. On Tuesday, the NDP leader had to apologize for calling Liberal House leader Bardish Chagger a buffoon.

As counterintuitive as it may seem, it may take the arrival of two permanent opposition leaders to bring a small measure of sunnier ways back to Parliament Hill.

Chantal Hébert is a national affairs writer. Her column appears in Metro every Thursday.

Watching out for Facebook's 3,000 new watchers



Vicky Mochama
Metro

In response to a spate of murders, sexual assaults and suicides streamed on Facebook Live, Mark Zuckerberg announced that the company will hire 3,000 more people to monitor content on the site.

It's a necessary step that should be applauded.

But who will watch out for the watchers?

There is plenty that is troubling in the world, from gender-based violence to mental health issues, and these existing societal problems are finding an audience on Facebook.

It comes down to a couple thousand people at the companies we all use — Facebook, Twitter, Instagram — to see the worst so the rest of us don't have to.

Facebook already has 4,500 staff to moderate the site. That's nearly a quarter of its workforce dedicated to reviewing the posts, photos, comments and live videos of over 1.23 billion daily users.

The deluge isn't just the celebratory parts of people's daily lives — brunches, birthdays and bar mitzvahs — but also their traumas and terrors.

In Thailand, a man murdered his baby daughter before killing himself, all streamed live. A sexual assault in Chicago and a murder in Cleveland were both posted live to Facebook. A Nunavut man streamed his desire to die by police; he died hours later. And in Manitoba, a community is reeling after a teen girl was killed, and video appearing to show young people

attacking the victim was shared repeatedly on the social network.

The volume of content is overwhelming. And increasingly, the people who delete objectionable content are overseas in places like the Philippines.

Facebook isn't the only company struggling to cope, and theirs won't be the only employees burdened by the work of keeping the Internet relatively clean.

While there is technology that identifies child pornography, its results still have to be verified by human beings.

In a case filed last December, two men are suing Microsoft for the PTSD and related mental health issues they are experiencing after moderating content for the company. Their work in keeping violent images, especially child abuse, off the Internet has, they allege, made them unable to work and be fully functioning members of their families.

Their complaint alleges that the company's mental health supports weren't sufficient.

There isn't yet technology to remove the kind of violent and damaging live-streaming video that has been making headlines. Companies like Facebook have to rely completely on human staff.

Whatever it does about Facebook Live, it shouldn't do so at the expense of the mental health of its employees.

Facebook does have a process to support content reviewers. But as it hires more people — and potentially, more overseas support in countries with less robust health services — it must ensure that the issues it's fighting online don't end up doing more harm in real life.

The malaise that has overtaken Parliament Hill has root causes on both sides of the House.

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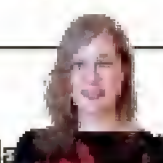


Chimamanda Ngozi Adichie has been a rising feminist star in popular culture since her 2013 TEDx Talk, *We Should All Be Feminists*. Her new book, *Dear Ijeawele, or A Feminist Manifesto in Fifteen Suggestions*, started as advice to a friend with an infant daughter. CONTRIBUTED

BOOKS

Chimamanda Adichie's new manifesto: 'Be a full person'

Sue Carter
For Metro Canada



Two weeks ago, at a panel at the Tribeca Film Festival, the cast of the new TV series *The Handmaid's Tale* was asked a question that set social media on fire: Did they think the show was feminist?

Answers ranged from dodging to denial, but ultimately it seemed no one on stage wanted their show — about a dystopian society where women have been stripped of their rights and are treated like breeding chattel — associated with the "F-word."

Chimamanda Ngozi Adichie has not yet watched *The Handmaid's Tale*. But as one of the world's most high-profile feminists, she is not surprised by the actors' reactions or distancing from the word, especially following the Trump election in the U.S.

As the Nigerian-American author of the critically acclaimed *Half of a Yellow Sun* and *Americanah*, Adichie's name has become synonymous with

that divisive F-word. Publicly, it started with her 2013 viral TEDx talk, *We Should All Be Feminists*. Two years later, a bestselling book form was published. Later, a sample from her talk made its way into Beyoncé's song *Flawless*. And that is how a feminist star is born.

Adichie's latest book, *Dear Ijeawele, or A Feminist Manifesto in Fifteen Suggestions*, started as a personal project for a friend seeking advice on how to raise her infant daughter. The slim book reads more like an intimate letter than a rigid manifesto, but Adichie had another purpose in mind while writing: "to reclaim the word feminism" from those who try to use it as a weapon, and for those who believe they don't fit into a prescribed version of what a feminist looks or acts like.

As the mother of an 18-month-old girl, Adichie believes the most difficult and important suggestion is the book's first, addressed to Ijeawele: "Be a full person."

Adichie considers herself a lifelong feminist, which she traces back in part to the influence of a strong grandmother and auntie in Nigeria. But she didn't learn the meaning of the word until she was a teenager and a boy dis-

“

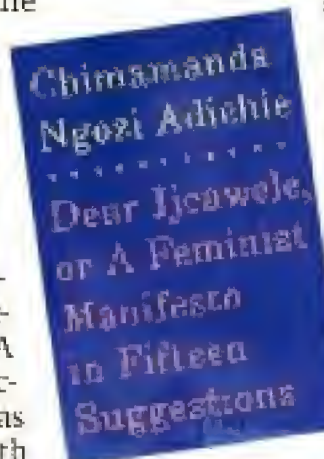
I've experienced my share of hostility.

Chimamanda Ngozi Adichie

missively called her one. Since she was a young child, she did know she wanted to be a storyteller, always seeking out quiet places to write. For her many fans, Adichie represents a new generation of activists, one that loves fashion and can become the face of a cosmetic line. One that fights against the exclusiveness of traditionally white Western feminism that dismisses anyone who hasn't read the right academic texts, says Adichie.

Declaring yourself a feminist can take its toll, as Adichie learned. She purposely limits her exposure to social media and clickbait. And there are the physical demands: "I get invited to every bloody feminist conference," she jokes. She doesn't resent her new role, but rather that it's necessary, and that it takes time away from her daughter and her much-needed writing time. "I'm still a storyteller primarily," Adichie says. "I know it sounds naïve, but I want to change the world. I want to make the word 'feminism' redundant, and the movement no longer needed."

Sue Carter is the editor at Quill & Quire magazine.






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Trump's advice book for career women

CELEBRITY

Self-help book is a different turn for the First Daughter

Ivanka Trump's first foray into self-help writing came in 2009 with *The Trump Card*, a breezy compilation of workplace advice, stories about her dealmaker dad and a hefty dose of celebrity namedropping. But in her second book, released Tuesday, Trump has gone from sassy to serious.

Women Who Work: Rewriting the Rules for Success offers earnest advice for women on advancing in the workplace, balancing family and professional life and seeking personal fulfilment.

A look at her advice from both books:

WORKPLACE TIPS

Then: Trump offers advice on technology — “check your BlackBerry or iPhone only on the quarter hour” — and warns against “loose-lipped, ill-considered emails.” She gives negotiating tips, such as “be aware of your physical presence” and “understand that people ask for more than they expect to get.” She talks about networking and building a brand, based on her jewelry line experience.

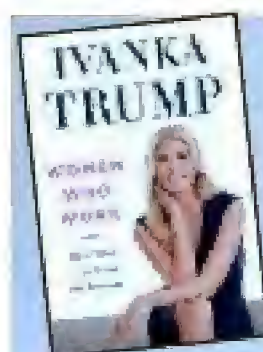
Now: Trump also discusses how to juggle career and family and live a more purposeful life. She encourages readers to think about how they personally define success, and talks about setting goals, seeking mentors and establishing boundaries. She writes: “Long term, we aren't remembered for how late we stayed at the office, how many buildings we developed or deals we closed.”

TIME MANAGEMENT

Then: Noting she was always looking for an “edge,” Trump said that “as long as I can remember, I've been in the habit of coming into the office on Sundays.” She added that while she didn't expect employees to follow suit, “you'd be surprised at how quickly your employees will fall in line behind you when you set this kind of example.”

Now: In a chapter called “Work Smarter, Not Harder,” she says that when she became a mother she realized that she needed “to set healthier boundaries for myself and stick to them.”

She encourages seeking accommodations at work, like asking for flextime or working remotely. “Divorcing ourselves from the reality that we all have



Eight years after her first book, Ivanka Trump has a more mature outlook on women and work-life balance. CONTRIBUTED

full lives isn't useful or sincere.”

GETTING PERSONAL

Then: She dishes about growing up as Donald Trump's daughter. Michael Jackson — at the time a Trump Tower resident — apparently attended a performance of the Nutcracker in which she danced as a child. Another memory: attending a Mike Tyson fight in Atlantic City, N.J. with her father and watching him try to calm an angry crowd after Tyson knocked out his opponent in 91 seconds.

Now: There is less colourful insight, but Trump does share a few family moments, such as practising her speech for the Republican National Convention with her three children on the couch. Trump, who converted to Judaism when she married Jared Kushner, discusses observing the Jewish Sabbath from sundown Friday to Saturday night, saying it is “important to unplug and devote that time to each other.”

GUEST STARS

Then: Focusing on business success, Trump includes short essays from a variety of executives, featuring record producer Russell Simmons and Arianna Huffington, founder of *The Huffington Post*.

A guest writer she probably wouldn't include in the new book: former Fox News Channel executive Roger Ailes, who resigned last summer following allegations that he made unwanted sexual advances against women, which he has denied.

Now: Trump looks more to academics and experts on women

ETHICS QUESTION

Ivanka Trump has stressed that the book is a personal project written before her father, Donald Trump, was elected president. Citing federal ethics rules, she has said she will not do a publicity tour, saying she wanted to “avoid the appearance of using my official role to promote the book.”

Still, Trump tweeted on Monday and Tuesday from her personal account about the book. And she appeared on CBS on Monday and was interviewed for a New York Times article that was published in Tuesday's paper. She did not mention the book in either case, but critics noted the timing.

“We never would have allowed it,” said Norm Eisen, President Barack Obama's chief ethics attorney, who said that any of these moves could be viewed as using her official position for promotion.

THE ASSOCIATED PRESS

in the workforce, in addition to celebrities and politicians. She quotes Anne-Marie Slaughter, who five years ago wrote a popular essay in *The Atlantic* magazine on why she left a job in the State Department during President Barack Obama's administration to spend more time with her family, and Facebook executive Sheryl Sandberg, who wrote the book *Lean In*, urging women to take charge of their careers.

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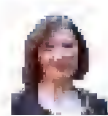
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JOHANNA SCHNELLER
WHAT I'M WATCHING

Selling sex to stay alive in 1763

THE SHOW: *Harlots*, Season 1, Episode 1
THE MOMENT: Motherly advice

In the filthy streets of 1763 London, one in five women sells sex to stay alive. Brothel owner Margaret Wells (Samantha Morton) is one of them. She's about to auction the virginity of her youngest daughter, Lucy (Eloise Smyth), to the highest bidder. But first she advises her older daughter, Charlotte (Jessica Brown Findlay, a long way from *Downton Abbey*), who's a concubine to a wealthy dolt.

"He's an easy keeper," Margaret tells Charlotte. "You could have him droppin' jewels on your pillow. But you provoke him."

"He's a snake," Charlotte sniffs.

"Indulge him," Margaret says. "I'm thinkin' about your future. My ma sold me for a pair of shoes."

"I've heard about those shoes so many times I could start a cobbler's," Charlotte says.

"The only safety is money," Margaret instructs her. "It's a woman's only power in the world. Make it your solace and your dream, and one day it will make you free."

"Are you free?" Charlotte asks.

"I will be," Margaret says.

Earlier this week I wrote about dystopias. This is another — only it's real, and historically accurate. It's pitched



Samantha Morton and Danny Sapani who play lovers in *Harlots*. CONTRIBUTED

as a war between madams. Margaret's lower-end bawdy house vs. a high-class establishment run by Lydia Quigley (Lesley Manville).

But really it's about societally oppressed women using the one weapon available to them — sexual power — to get the better of the men who oppress them. It's proto-feminism hidden inside corsets and ribboned shoes.

"This city is made of our flesh," Margaret sums up. "We'll have our piece of it." *Harlots* debuts May 4 at 9 p.m. on Super Channel.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

Mary Walsh gets serious in her dark first novel

DEBUT

Comic mines the past in her hometown of Newfoundland

Canadian comedy star Mary Walsh says her debut novel *Crying for the Moon* isn't the story of her life, but it does borrow some elements from her past.

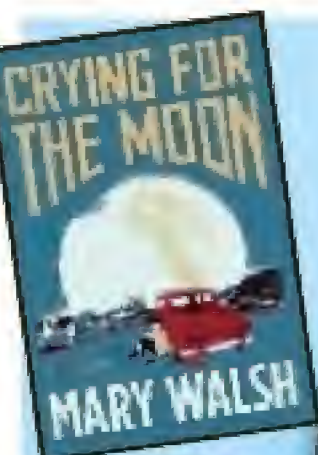
The harrowing tale follows teen Maureen, a downtrodden, Catholic school student from hardscrabble St. John's who gets pregnant during a choir trip to Expo 67 in Montreal. After being forced to give the child up for adoption, she gets caught in a web of alcohol addiction, domestic abuse, murder and drug dealers.

Walsh, a St. John's native herself who created the CBC comedy *This Hour Has 22 Minutes*, notes she didn't go to Expo 67, didn't get pregnant, and didn't try to poison her boyfriend, as Maureen does.

But the 64-year-old did grow up not far from Maureen's neighbourhood, "where all the bootleggers were." Walsh was raised by her aunts and uncle, near her parents' home, which was too damp for her to live in after a bad bout with pneumonia.

"There are so many parallels," says the affable satirist and Gemini Award winner, who's received the Order of Canada and a Governor General's Performing Arts Award.

"I was coming of age when it was free love and groovy, and



Mary Walsh grew up not far from neighbourhood in the story. THE CANADIAN PRESS/HANDOUT/TIM LEYES

people who sold dope were considered to be rebellious superstars, kind of — as opposed to now, they're considered to be the bottom of the barrel and really terrible people.... So I am a product of that era and so the book is a product of me."

Like Maureen, Walsh was also once in a violent relationship, which helped her understand her heroine's heartbreaking mindset.

"I think that the battered woman defence, which didn't exist in 1970, is a valid defence, because I feel that I was — as I'm sure most people who have been battered — was travelling outside of myself and was not ... there," says Walsh, noting she's read studies suggesting that physical abuse changes the brain.

"I wasn't always aware or conscious of what I was doing and neither did I want to be, because I desperately wanted not to be in the situation that I was in."

"That helped me to write Maureen's predicament and I found that very difficult, because I guess I didn't really want to be there again."

Walsh, an actor, comedian, activist and director, has also battled alcohol addiction but has been sober for over 20 years now.

"I believe that alcoholism, like heart disease or diabetes, runs in families," says Walsh.

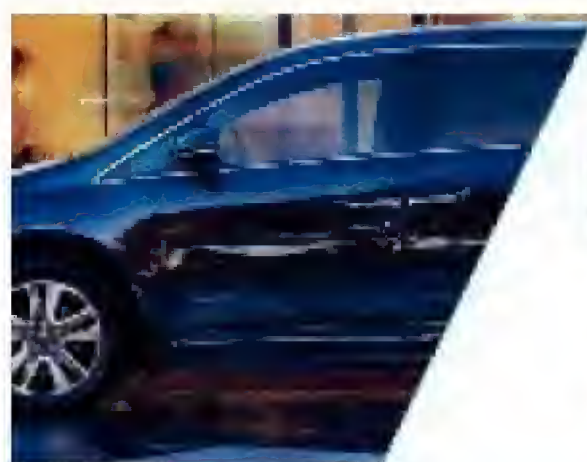
"I believe it is a mental, physical and spiritual illness and that it's a disease and it's a chronic illness and it doesn't just get better because you went to the rehab."

Walsh says she's always been a voracious reader and wanted to write a novel since she was young.

She started exploring the issues Maureen faces when she created the backstory for Marg Delahunty, her infamous *Warrior Princess* character who ambushes politicians on *22 Minutes*.

Like Maureen, Marg is also from St. John's, also conceived a child during Expo 67 and gave it up for adoption, and also longs to reunite with that child.

"Maureen's voice was already there," says Walsh. "People often ask me if I'm going to do another book and I often think, 'Well, is there another book that's waiting there in the way that this one was?'" THE CANADIAN PRESS



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Lara Logan: 'Everyone struggles in life'

Q & A

60 Minutes reporter opens up about cancer, sexual assault

This article includes graphic details of sexual assault

For nearly three decades Lara Logan has reported on the biggest stories of the day in some of the world's most dangerous places, including Afghanistan, Angola, Kosovo and Iraq.

But in recent years, the correspondent for the CBS News magazine 60 Minutes has become the headlines, enduring a brutal sexual assault in Cairo during the Arab Spring, a cancer diagnosis and a public apology for a discredited story on the Benghazi attack.

"Life has a way of beating the crap out of all of us and my life is no exception," says the 46-year-old, who is speaking in Toronto next week.

When you reflect on the last six years — being sexually assaulted by a mob of more than 200 men while reporting, a breast cancer diagnosis and the fallout from the Benghazi report, which resulted in you taking a temporary leave from the show — what are your thoughts?

I'm exhausted. It's best captured in what a general said to me: 'Great to see you on 60 Minutes (again).' And I said 'I'm back on my feet.' He looked at me and said, 'Lara, you've never been off your feet.' That was very important for me to remember.

Where did you find the strength to get through it?

When you can look in the mirror and know you never lied to anyone, never strayed from who you are, never failed to stand up for what you believe in, you can find the strength to overcome anything. And you remember that everyone struggles in life.

I've read that you're still dealing with physical scars from the 2011 attack in Egypt.

Yes. And ongoing physical health problems because of severe pelvic pain. I have arthritis in my right hand — that was from holding onto our security person for as long as I could, because he was screaming, 'If you let go you're going to die.' The next morning my hand was still clenched and I had to force my fingers open. I treat (the arthritis) with steroid injections every few months. With the pelvic pain, doctors have tried to isolate the causes. I had a hysterectomy, which failed to heal.

What's helped more than anything is a pain specialist who can reach pelvic muscles very deep inside the body — muscles that hold onto the trauma and the stress. When people are inside your body — with hands, sticks, flagpoles — tearing frantically at your insides, your muscles respond to that level of trauma and violence in a certain way.

Emotionally, how do you recover from that?

Recovery is not erasing all of your memory. It doesn't mean leaving it all behind. We have this idea that the person we were before is the whole

person and after we're left in pieces, and if we could just rebuild the whole we could say 'We've recovered.' Recovery, for me, is that I'll never return to who I was before.

I wouldn't change anything about my life — I mean that about Egypt. There are mothers, fathers, men and women, some children, who have said to me, 'Because you were willing to stand up, without shame, and talk about what

happened to you, I was able to tell my mother, or husband or wife, about being raped.' So the scars are worth it. I struggle physically and emotionally and I live with memories that are hard, but they don't haunt every waking moment. I have a strong husband who can handle it when I say, 'When you touch me like that it makes me think of Egypt. I just need a moment, or I can't do this right now.' And he gets

it. We've found a way to live with that.

You underwent a lumpectomy and six weeks of radiation. How did you manage?

It's a dark point in my memory. My daughter was 1, and my son was 2. I really struggled to come to terms with cancer. I called my sister from the hospital, one day after radiation, and said 'I feel like I'm letting down all the

people who love me. I'm so depressed, I don't know how to be positive and I just want to cry.' My sister said, 'It's OK to cry. You can be depressed. You're 41, you have two babies, and you have cancer.' Once she set me free like that, made it OK not to be coping and admit that I was struggling, then I began to rebuild. This interview has been edited and condensed.

TORSTAR NEWS SERVICE

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Lara Logan, CBS News chief foreign affairs correspondent, has been speaking in public about her tumultuous past six years on the job and in her personal life. JOHN BLANDING/GETTY

MEET THE CONDO

The Pinnacle of adults-only living

THE PINNACLE AT KINCORA



CONTRIBUTED

Project overview

These boutique luxury apartment-style condos for adults only feature a large, nicely appointed lobby, a second floor patio, beautiful landscaped large green spaces and walking paths. There are four designer colour packages, each with optional upgrades.

Housing amenities

The Pinnacle features in-floor heating, open floor plans with large bedrooms and a natural gas barbecue outlet on every balcony. The building has secure underground heated parking, individual storage areas for each unit and bike storage in the parkade.

Location and transit

The beautiful neighbourhood of Kincora is located in northwest Calgary within walking distance to many amenities including four different bus routes, Shaganappi Trail, Stoney Trail and more with just a short drive to Cochrane.

In the neighbourhood

There is no shortage of amenities nearby including Sage Creek shopping area, City Market, London Drugs, Walmart, Symons Valley and so much more including shops, restaurants, schools, parks and green spaces. KRISTA SYLVESTER/FOR METRO

+ NEED TO KNOW

What: The Pinnacle at Kincora
Builder: Cove Properties
Architect: S2
Location: 450 Kincora Glen Rd. NW
Building: Luxury apartment-style condominiums
Models: One bedroom, two bedroom, two bedroom plus den, three bedroom pent-house

Sizes: From 557 to 1,520 square feet
Pricing: From \$159,900 to \$474,900
Status/Occupancy: Building A: quick possessions; Building B: now selling with possessions for 2018
Sales centre: 450 Kincora Glen Rd. NW, unit 3101
Phone: (403) 930-1253
Website: kincorapinnacle.ca



REAL ESTATE

What's hot on the market

1 FINAL SELLOUT

Savoy by Truman Homes: Consisting of 50 luxury condos and five townhomes, Savoy is located on the corner of Kensington Road and 19th St. NW in the community of West Hillhurst. The presentation centre is by appointment only at 2001 First Ave. NW.

2 MOVE IN SUMMER 2018

Park Point Qualex-Landmark: This project is central and connected to everything you could need. Local paths, transit, Car2Go and nearby Plus 15 Skywalk conveniently take you to any destination. Check out the Park Point discovery centre at 301 11th Ave. SW.

3 UNDER CONSTRUCTION

The District by Berman Group: The District is a 59-unit condo project that will rise at the corner of 18th Avenue and Second Street SW in the heart of the Mission district. Check out the sales centre at 18th Avenue and Second Street SW.

KRISTA SYLVESTER/FOR METRO

Innovation in flooring is underfoot

INTERIORS

Practical materials get a makeover with new finishes

An explosion of flooring options — vinyl, laminates, engineered woods and tiles in both natural and man-made stone — has meant many old rules for choosing what to put on “the fifth wall” have gone out the window. Among those rules is that quality can always be measured by price and natural materials are always better than man-made, says designer Linda Mazur.

“You can get a hardwood for \$4 a square foot and be looking at \$6 or \$7 for engineered wood or vinyl,” she explains. “People have preconceived notions that they should not cost more than real wood. That’s because they don’t understand what it offers.”

Homeowners are no longer bound by material limits. Now it’s possible to find everything from realistic concrete finishes in vinyl tiles to life-like wood



Wood vinyl gives great sightlines in open kitchens. Inset: Porcelain and marble tiles that look like wood inlay. KARNDÉAN DESIGN FLOORING; WALKER SANGER

grains on porcelain planks.

That makes it easier to get the right product for the environment it’s being installed in; an important consideration,

says Mazur. “What’s the humidity like, how will the room be used, do you want to do in-floor heating? That’s why it’s good to work with a really knowledgeable retailer or a designer.”

Condo dwellers, she adds,

should always check building regulations before purchasing.

In terms of esthetics, there’s no doubt hardwood is “classic, beautiful and has longevity,” says Mazur, who’s loving the warm brown and ashy grey

tones she’s seeing in natural woods now.

But engineered wood (manufactured by binding wood strands, particles or fibres to form a composite) has many advantages. For planks wider than six inches, for example, “you want the structure and durability of engineered wood. It avoids the arcing you can get in natural wood,” says Mazur.

Engineered woods are now almost impossible to distinguish from solid hardwood. Many are available in popular distressed styles, such as Metropolitan Hardwood Floor’s Kentwood collection, which includes textured, saw-marked and raw finishes in soft grey and brown woods.

Mazur also sings the praises of the new generation of vinyl flooring.

“It’s very easy, very versatile, very forgiving and very comfy.” The patterns, she says, are both wide ranging and realistic. “You can get it in anything from barn board to poured concrete looks.”

Karndean Design Flooring, which sells vinyl flooring in tiles and planks, achieves realistic designs by doing things like scorching, liming and scraping century-old planks, which are then photographed and turned

into film.

Unlike laminates, many vinyl tiles can be installed in patterns, such as herringbone, increasing the design possibilities.

While tile is playing a lesser role in kitchens — partly because it’s hard to stand on for long periods — it’s still a favourite for smaller spaces, such as bath and laundry rooms. The prevailing look is bold art deco or Byzantine-inspired graphics.

Mazur loves the look for a small space. “Really strong graphic or mosaics are great in tiny spaces,” she says, dismissing the notion that pattern will visually shrink the area. “We’re not going to fool anyone into thinking it’s bigger, so let’s just have fun and go for impact.”

Many higher-end tile is still made using age-old processes, but that doesn’t mean it looks dated. The Stardust collection from Walker Zanger, for example, pays homage to ‘70s themes, including the style of singer-songwriter David Bowie, early New Wave and space exploration. Made from glazed basalt, or lava stone, it uses a core element of the earth to create contemporary patterns with cool shapes, colours and metallic glazes. TORSTAR NEWS SERVICE



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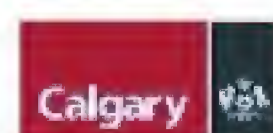
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Indoor plant trends that are taking root

DECOR

Designers advise on what to buy and where to put it

From kitchen herb gardens to indoor trees, interior designers are increasingly bringing plants into their home design projects.

Plants are “the one little piece that people always forget will finish a room,” says Massachusetts-based designer Kristina Crestin. They make a space feel complete but not over-accessorized, she says, and can solve a range of design challenges.

New York designer Young Huh agrees: A miniature tree can be the perfect addition where you need something tall and a flowering plant can bring a burst of colour. Plants also help clean the air, boost oxygen levels and bring a welcome sense of natural unpredictability into otherwise meticulous, modern spaces.

Which plants are popular right now and what are the best ways to decorate with them? Crestin, Huh and New York-based Lindsey Coral Harper — offer their thoughts:



Plants can add drama and warmth. Right: Crestin creates a “triangle of green” to balance a room. JARED KUZIA PHOTOGRAPHY VIA AP

From delicate to bold

For several years, the it plant among designers has been the fiddlefig tree (also called fiddlefig fern). Their trunks are tall and graceful, with large glossy leaves creating a burst of green.

Fiddlefigs are beautiful and relatively easy to care for, Crestin says, so their trendiness shouldn't be a thing to avoid.

For something more sophisticated, Harper recommends “any type of boxwood or topi-

ary,” she says. “They also make wonderful hostess gifts.”

Another current favourite: the staghorn fern, which has strong, sculptural leaves.

“Staghorn ferns are really interesting and very masculine to me,” Harper says, and they look great “in a more rustic setting.”

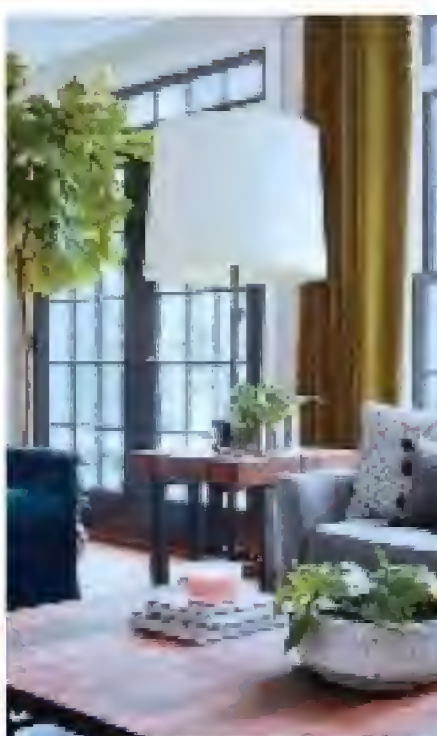
If you're seeking something delicate, Huh recommends a maidenhair fern. Upkeep is minimal, she says (just “keep them misted and moist”), and

the intricate leaves are as pretty as a flowering plant. Another popular choice: miniature olive trees. “They're a sign of peace and fruitfulness,” Huh says, and look gorgeous in a ceramic pot.

Hanging out

It's popular to hang planters on walls, or put up hanging terrariums with succulents or “air plants” inside, says Huh.

These low maintenance plants only need to be misted,



Crestin. For a recent design project, she added three items to one room — a fern in a low-slung bowl on a coffee table, a beautiful ceramic cup holding a delicate, mossy plant, and then a larger fern in another bowl.

Try to create a “triangle of green,” she says, balancing one plant with another.

Kitchens and baths

Huh says many homeowners are buying wall-mounted growing systems or adding kitchen shelves specifically for potted herbs, berries and other plants grown for consumption. She's also pleased to see plants being used in bathroom decorating: “My father used to grow orchids in the bathroom because they got moisture every day,” Huh says. “It's a great place for ferns.”

Know your space and habits

Even if you love something in a magazine or while shopping at a nursery, consider your particular space and habits.

“Think about how much sunlight, love and attention your plants might need,” Harper says. “Make sure you have plants in the appropriate spot in your home so they can grow and prosper.” THE ASSOCIATED PRESS

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HUMOUR

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Sean Plummer

The Brits and Yanks have gifted the world their fair share of comedy sketch troupes. But, proportionally, it seems like lonely, under-populated Canada can claim far more funny per square metre.

The '70s saw the Royal

Canadian Air Force yucking it up on radio and TV, while SCTV, many of whose members emerged from the Chicago and Toronto chapters of The Second City, made Canadian TV must-see.

Edgier acts like Toronto's The Kids in the Hall and The Frantics got weird in the '80s and '90s, and, lest we forget, CODCO came straight out of Newfoundland to poke fun at Eastern Canadian stereotypes. And we're still at it! Modern-day practitioners of political and social satire The Beaverton have made their way from online to TV, as did Halifax's Picnicface, who built up a massive online following with their absurdist humour.



From left to right: Kevin McDonald, Scott Thompson, Dave Foley, Bruce McCulloch and Mark McKinney starred in the hilarious series *The Kids in the Hall*. THE CANADIAN PRESS

Sorry for being sorry

Fairly or unfairly — okay, fairly — Canadians have a reputation for defaulting to apologies.

You could blame it on the nation's English background, and the evidence to support the stereotype is more anecdotal than statistical, but we do we say "sorry" so often that the Canadian justice system enshrined it into law back in 2009 via the Apology Act, where the accused is not assumed to be guilty if they apologize to their accuser. Sorry!

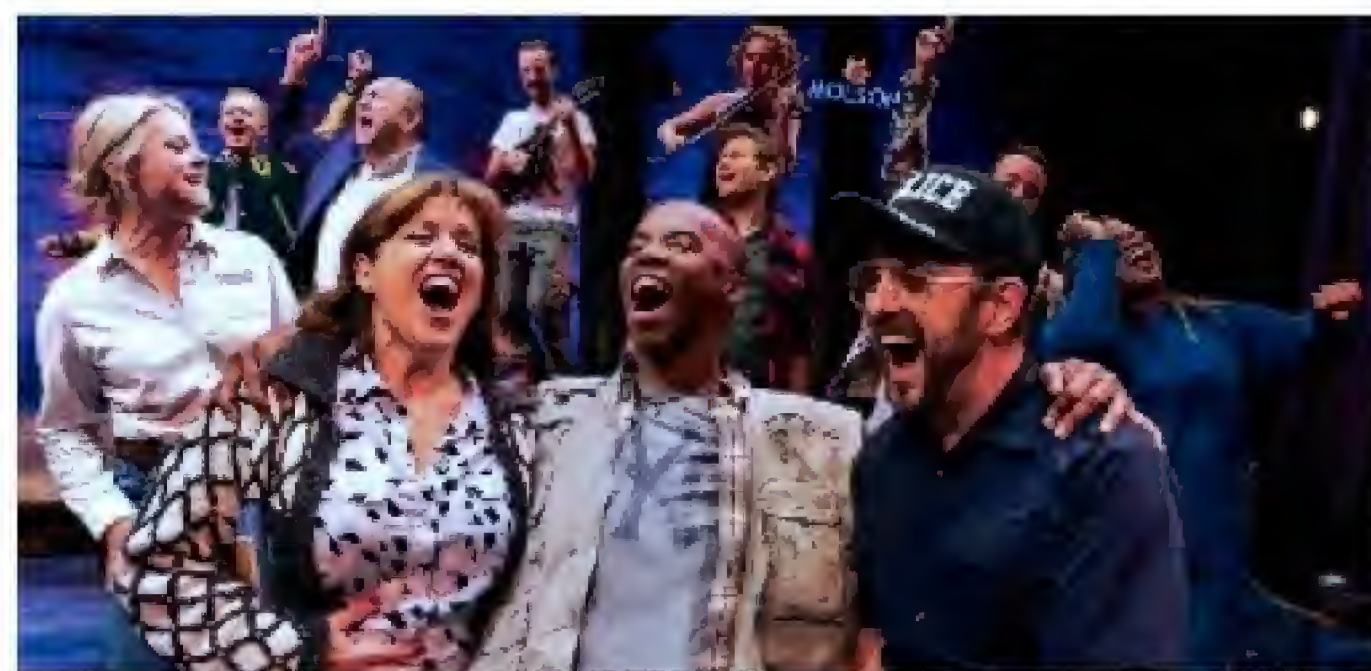
SEAN PLUMMER



ISTOCK



DREAMTIME



The cast of the Canadian musical *Come From Away*. THE CANADIAN PRESS

Coming from away!

The hottest ticket on Broadway these days is *Come From Away*.

Based on real events, Irene Sankoff's and David Hein's musical depicts what happened after 38 planes were diverted from American airspace to Gander, Newfound-

land, in the wake of 9/11.

What happened was that locals opened their hearts to the displaced passengers, in addition to housing and feeding them. It's a typically Canadian story in its way, and an atypical Broadway smash.

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IN BRIEF

Brandon Roy among four shot at party in Compton

Authorities say former NBA player Brandon Roy was shot while attending a party over the weekend.

Los Angeles County sheriff Lt. Joseph Williams said Wednesday that Roy was one of four people shot in Compton on Saturday. Williams added all four victims were shot in the upper body but suffered non-life-threatening injuries.

THE ASSOCIATED PRESS

Woman hit by stray bullet at Cardinals game

Police are investigating after a woman attending a St. Louis Cardinals baseball game at Busch Stadium was struck by a stray bullet.

Police say the 34-year-old victim felt pain in her arm and went to a first-aid station for treatment. A bullet was later found near her seat. THE ASSOCIATED PRESS

Nats ride Zimmerman's hot bat to victory

Ryan Zimmerman had two hits and doubled in the go-ahead run, Jacob Turner worked four innings of scoreless relief and the Washington Nationals beat the Arizona Diamondbacks 2-1 on Wednesday night.

Hours after he was named the NL player of the month for April, Zimmerman recorded multiple hits for a career-high sixth straight game and stretched his hitting streak to 10 games.

THE ASSOCIATED PRESS

Concerns mounting over Crosby's long-term health

CONCUSSIONS

Retirement a good play for Penguins star, experts suggest

Concussion specialists say the time may be approaching for injured Pittsburgh Penguins superstar Sidney Crosby to take a hard look at not when — but if — he should return to the game.

"When there have been multiple concussions, the chance of having persisting symptoms goes up terrifically," said Dr. Charles Tator, the director of the Canadian Concussion Centre at Toronto Western Hospital. "So we're especially careful about helping people avoid further concussions."

"If he were an amateur, we would probably tell him to hang up his skates."

Crosby suffered what's believed to be the fourth concussion of his career Monday night against the Washington Capitals. His return date is uncertain.

Crosby was out of action for almost a year after suffering a pair of head injuries in early 2011. He suffered another concussion last October but only missed two weeks of action.

Having suffered at least four concussions himself, former NHL forward Keith Primeau has a good idea of what Crosby is going through.

Sidney Crosby lies prone on the ice after a cross-check to the head from Matt Niskanen on Monday. THE ASSOCIATED PRESS



Head injuries eventually forced Primeau from the game in 2006. He had tried for over a year to get back in the Philadelphia Flyers lineup but was eventually told that it would be best if he stopped playing.

Primeau retired a month later.

"If I knew then what I know now, the ultimate decision would have been for me to call it quits earlier," Primeau said Wednesday. "But there was no chance that I was ever going to do that. How do you convince somebody? You're playing a little bit of Russian roulette."

Dr. Paul Echlin, a primary care

4
Crosby's latest setback is believed to be the fourth concussion of his career.

sports medicine specialist in Burlington, Ont., and past chair of the London Hockey Concussion Summit, said a fourth concussion is very concerning. At that point, Echlin said, long-term effects need to be considered.

"This is a young man's life ... this is a human issue," he said. "It's not about whether the

Pittsburgh Penguins advance in the playoffs or what the matchups are."

It's unclear whether Crosby will be able to return for the second-round series or at any point in the post-season.

"He's a world-class player," said former teammate Tanner Glass, a forward with the New York Rangers. "There's no way to replace him in your lineup. He's a leader too. He's a leader in that room. He's a guy everyone looks to when times get tough to lead the way. It's going to be tough to replace (him). You never like to see anyone (get) hurt like that." THE CANADIAN PRESS

2017 NHL PLAYOFFS
CONFERENCE SEMIFINALS

Pens push Caps to the brink

The Pittsburgh Penguins found a way to survive without injured star Sidney Crosby.

Marc-Andre Fleury stopped 36 shots and rookie Jake Guentzel took advantage of a fortunate bounce to earn his league-leading eighth goal of the playoffs and the defending Stanley Cup champions held off the Washington Capitals 3-2 on Wednesday night in Game 4 of the Eastern Conference semifinals.

Justin Schultz scored in a second straight game and Patrik Hornqvist picked up his third of the post-season as Pittsburgh took a 3-1 lead in the series.

THE ASSOCIATED PRESS

GAME 4 In Pittsburgh

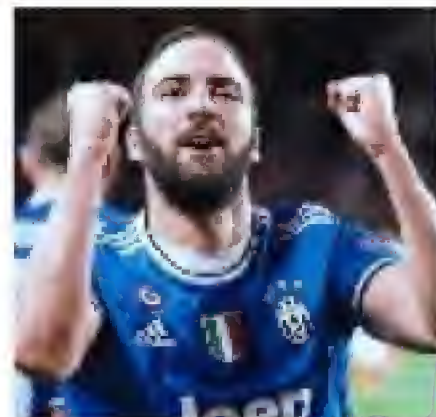


CHAMPIONS LEAGUE

Juventus successful on counter attack

Record-signing Gonzalo Higuain scored two opportunistic goals and veteran goalkeeper Gianluigi Buffon made some crucial saves as Juventus won 2-0 at Monaco to take a commanding lead from the first leg of their Champions League semifinal on Wednesday.

Juventus gave a master class in how to withstand pressure and then punish on the counter attack, with both of Higuain's goals coming after good Monaco spells. THE ASSOCIATED PRESS



Gonzalo Higuain scored both Juventus goals on Wednesday. FRANCK FIFE/AFP/GETTY IMAGES

IN BRIEF

NYCFC locks up Villa for one more year

Spanish striker David Villa has extended his contract with Major League Soccer's New York City FC for one year through the 2018 season.

The deal with the 35-year-old was announced by the team on Wednesday. Villa, the 2016 MLS MVP, is earning \$5.61 million this season.

Villa has 46 goals in 70 games, including five in seven matches this season.

THE ASSOCIATED PRESS

Hernandez's SUV taken off the auction block

The SUV prosecutors say Aaron Hernandez was in when the ex-NFL star killed two men is no longer up for auction.

Westford Auto Sales owner Buddy Clair tells The Boston Globe that eBay pulled the ad on Tuesday night. Clair was handling the sale of the Toyota 4-Runner on behalf of the owner, a car dealer who leased the vehicle to Hernandez as part of a promotional agreement.

THE ASSOCIATED PRESS

NBA PLAYOFFS

Raptors ripped to shreds in Ohio

There was no Game 2 comeback for the Toronto Raptors.

A rattled DeMar DeRozan, another sizzling three-point shooting night from Cleveland, and the Raptors dropped a 125-103 decision to the reigning NBA champion Cavaliers. They'll head back to Toronto down 2-0 in the best-of-seven Eastern Conference semifinal series.

LeBron James had 39 points, passing Kareem Abdul-Jabbar for second all-time in post-season scoring, and now trails only

GAME 2 In Cleveland



Michael Jordan.

THE ASSOCIATED PRESS

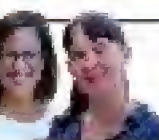
MAKE IT TONIGHT

Simple Egg Drop Soup



PHOTO: MARIA VINTER

Ceri Marsh & Laura Keogh
For Metro Canada



You can serve this tasty and healthy soup as a starter or on its own when you're feeling like eating light.

Ready in 20 minutes

Prep time: 10 minutes
Cook time: 10 minutes
Serves 4

Ingredients

- 4 cups (950 ml) low sodium chicken broth
- 1/2 cup (120 ml) chopped asparagus
- 2 Tbsp (30 ml) unsalted butter
- 1/4 cup (60 ml) chopped onion
- 2 eggs, beaten
- 1/4 cup (60 ml) fresh grated Parmesan cheese, extra for garnish

• sea salt and pepper to taste

Directions

1. In a large pot, place butter, asparagus and onion. Saute until vegetables are soft, but crisp. Add broth and bring to a simmer, allow to simmer for 5 minutes.

2. Meanwhile, beat eggs and add Parmesan cheese. Then drizzle eggs into broth. Lightly stir until eggs are cooked. Lower heat and allow to cook another 5 minutes.

3. Ladle into bowls, sprinkle top with Parmesan and serve.

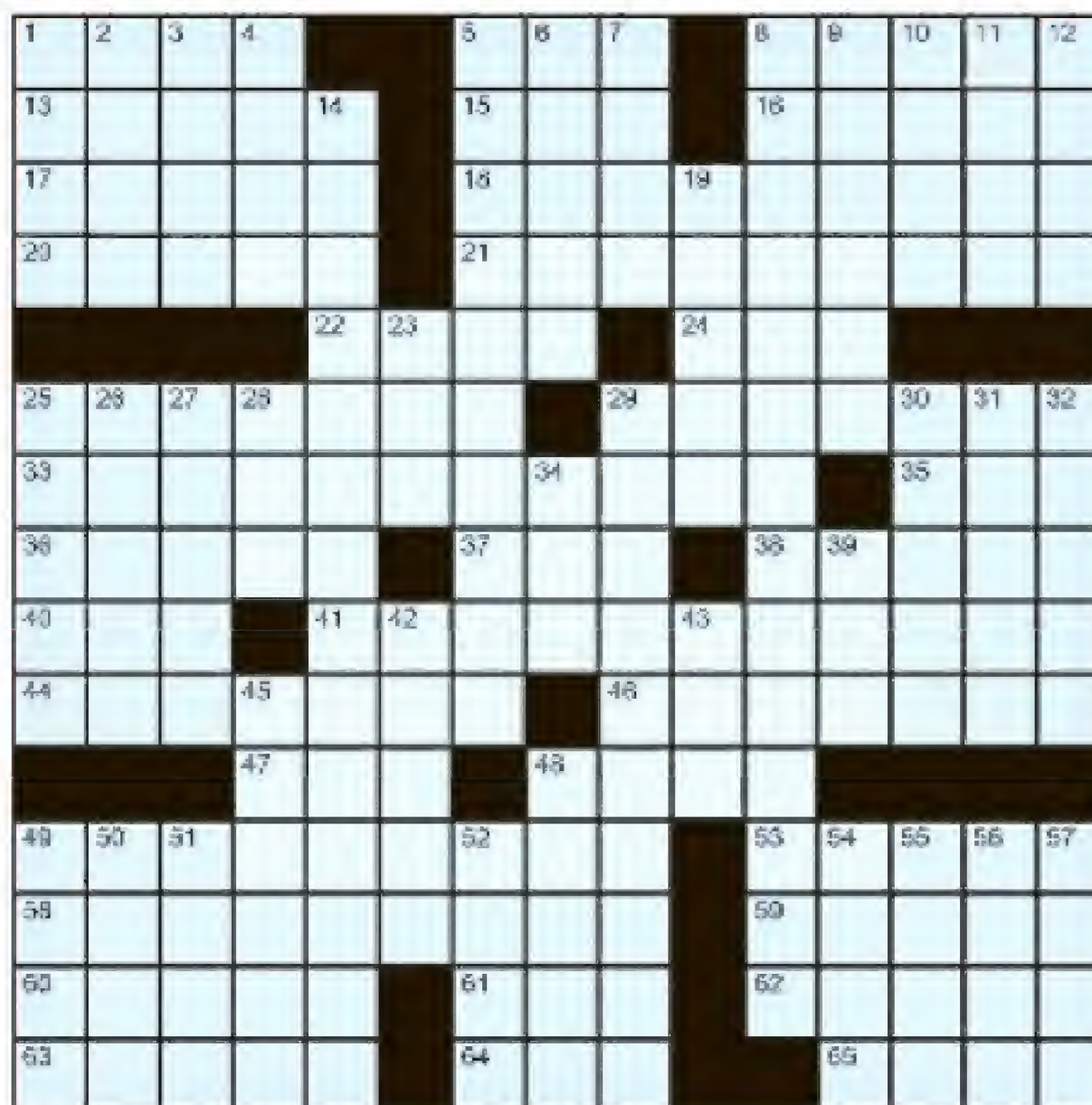
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BY KELLY ANN BUCHANAN

ACROSS

1. Nautical hook
5. 1998: "Doo _ (That Thing)" by Lauryn Hill
8. Wetland
13. Rig out
15. "Capital" suffix (Profit)
16. Ms. Reid's
17. Countrified
18. Thwarters/skeptics
20. Mediterranean island
21. Makes more noise than the other noises: 2 wds.
22. "Ick."
24. Yalie
25. Old Testament book
29. "I've _ _" (This is a scam!)
33. 1860: It's the oldest building still standing in Saskatchewan, _ _ Anglican Church
35. "To hear" in Spain
36. Surf, _ _ wave
37. Deorbited space station
38. Jovial
40. "Capri" suffix
41. "Ordinary Day" band from Newfoundland: 3 wds.
44. Artistically cultivated garden sights
46. Scaring-sounding snakes, say
47. Trendy
48. Goes bad, as food
49. Event planner
53. Little land form on water
58. Magazines/papers selling spot



59. _ oil
60. "Dancing with the Stars" alum Ms. Sliwinski
61. Maiden name indicator
62. 'frisco footballer
63. Bombardier's 3-wheel motorcycle, _ _ Spyder

64. " _ out!" (Ump's call)
65. Curls-from-a-box

DOWN

1. Wheat _
2. Ocean's blue hue

3. Roll up a flag
4. Automaker of Italy
5. Lovely sounders of the porch: 2 wds.
6. Arkansas/Missouri/Oklahoma: _ Mountains
7. The Smurfs creator

8. Northern community on the Churchill River where #33-Across is located: 2 wds.
9. Methods of entering a building: 2 wds.
10. "Mars"-meaning prefix
11. Designation in the name of mer-

- chant ships of Japan meaning "circle"
12. "Hey..."
14. It was never quite said this way in "Casablanca" (1942): 4 wds.
19. Angelic
23. 'Jag' add-on (Big spotted cat)
25. Laura stretched out this catchphrase on "The Dick Van Dyke Show": 2 wds.
26. Librettist for Verdi's 1893 opera Falstaff, Arrigo _
27. Astronaut Neil Armstrong's middle name
28. Hair hue-er
29. Only child, oldest, middle or youngest refers to what?: 2 wds.
30. Rancher's ride
31. Ventilator
32. _ _ a bone
34. Ms. Peeples
39. For instances [abbr.]
42. Little Richard's " _ Up"
43. Fragment
45. Soft drink brand
48. Ms. Zellweger
49. What "CANADA" has in its spelling: wd. + letter
50. Hester Prynne's stigma: wd. + letter
51. Ms. Paltrow, briefly
52. Whacky
54. Faux pas
55. Wrinkle
56. "By any chance?"
57. Condition

* IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Be patient today, especially with coworkers. And also be patient with your pets, as strange as that might sound. This is because late in the day and into the evening, it will be easy to become angry.

Taurus April 21 - May 21
Parents will have to be patient with their kids today, especially late in the day, because arguments can arise easily. Likewise, romantic spats might take place between lovers.

Gemini May 22 - June 21
Life is easier if you maintain peace at home. Don't make a big deal about anything today, especially with a female family member. By evening, people are touchy and edgy.

Cancer June 22 - July 23
Today you are more inclined to go with your hunches and your feelings instead of your logic. However, this might make you overreact to something this evening because your feelings are strong. Use caution.

Leo July 24 - Aug. 23
Quarrels about money or possessions might take place late in the day. Don't get sucked into this; it's a brief influence — let it pass.

Virgo Aug. 24 - Sept. 23
Today the Moon is in your sign, which can make you more emotional than usual. By evening, it is at odds with fiery Mars, which can promote arguments. Be patient.

Libra Sept. 24 - Oct. 23
This is a good day for research. In particular, you will pay attention to detail. Ignore feelings of frustration late in the day.

Scorpio Oct. 24 - Nov. 22
You might have difficulty with a female acquaintance or friend this evening. Don't let anything get out of hand. Keep things light.

Sagittarius Nov. 23 - Dec. 21
Difficulties with a boss or parent might occur late today or this evening. Be tolerant and patient, because you have to deal with these people every day.

Capricorn Dec. 22 - Jan. 20
Avoid controversial subjects like politics, religion and racial issues today, because they will develop into arguments by evening. Who needs this? Not you.

Aquarius Jan. 21 - Feb. 19
Disputes about shared property, taxes, debt and inheritances might take place today, especially tonight. Don't let this ruin your evening. Keep smiling.

Pisces Feb. 20 - March 20
You have to go more than halfway when dealing with others today, because the Moon is opposite your sign. Don't get sucked into an argument this evening.

CONCEPTIS SUDOKU by Dave Green

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